



UNIVERSITY *of* WASHINGTON

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Lifelong learning opportunities abound at UW; many are low cost, or free

University of Washington offers many options for continuing education, at any age

SEATTLE — As a public university, the University of Washington is committed to sharing its knowledge and resources with local residents, as well as the global online community. Numerous university organizations focus primarily on these goals, and are outstanding resources for exploring a new interest or continuing lifelong learning.

UWTV strives to connect the world with the University of Washington by sharing the work of UW's researchers and scholars through television and online video. The innovative ideas and fascinating lectures presented by UW's world-renowned faculty and prestigious visiting experts are available to you anytime, anywhere – for free – through UWTV. Tune in to learn about medical breakthroughs, advances in computer technology, intriguing interpretations of political campaigns, solutions for saving the environment and more.

In the Puget Sound, you'll find UWTV on cable channel 27; UWTV programs are available nationally through DishNetwork channel 9400. See uwtv.org for how to watch in other parts of Washington state, or to watch online videos or download podcasts.

Additional campus programs offer affordable – and free – educational opportunities:

- OpenUW is a series of free online courses on topics ranging from literature to HTML basics to health.
- The University of Washington's Access Program allows Washington residents aged 60 and older to audit university courses. Access students can enroll in up to two courses each quarter for a registration fee of only \$5.
- The Osher Lifelong Learning Institute at the University of Washington invites adults over 50 to come together to share intellectual interests and make new friends. In this lively learning environment, current and retired UW faculty and community experts lead workshops and special events. An annual fee of \$110 allows participants to take part in an unlimited number of courses each quarter.
- The Women's Center Lifelong Learning Program offers a variety of courses in subjects ranging from GRE preparation to yoga and fitness classes. Class fees typically range from \$65 to \$100.
- The Experimental College is as interesting as the name implies. Courses include an array of "one-night wonders" that allow students to explore everything from Belgian beers to bargain shopping in one evening. Other classes teach career development skills, partner massage, the basics of digital photography and many other topics over several weeks. Class fees typically

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range from \$30 to \$110.

- UW Extension offers more than 100 certificate programs, hundreds of classroom-based and online learning classes, and various workshops and lectures.
- A number of programs for K-12 educators are available to students and teachers, including board certification programs as well as UW in the High School, which allows high school students to complete UW courses.

The University of Washington is your local public university. Learn more at <http://www.washington.edu/>.

About UWTV

UWTV is the University of Washington's award-winning television channel, offering original, non-commercial educational video programming – 24 hours a day, seven days a week. A unique educational resource, UWTV provides viewers direct access to the world-renowned scholars, scientists and researchers whose insights and discoveries are at the heart of our university and are changing our world. Learn more at uwtv.org.

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